



Medicines & Healthcare products Regulatory Agency

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[MHRA Website](https://www.mhra.gov.uk)

Our Ref: **FOI2025/00080**

26 February 2025

Dear [REDACTED]

Thank you for your Freedom of Information (Fol) request received on 29 January. You wrote:

We are writing with a question for the authors of the CHM report on the safety implications of restricting the supply of GnRHa to minors in response to gender dysphoria:

<https://www.gov.uk/government/publications/chms-report-on-proposed-changes-to-the-availability-of-puberty-blockers>

The source text we are referring to is the PDF version of the CHM report here:

https://assets.publishing.service.gov.uk/media/678e6994ea48a571517acf98/chm-advice-to-sos-on-gnrh-agonists-for_pubertal-suppression.pdf

Item 16 on page 7 of the report includes the claim "One in 18 do regret the decision and may have lifelong impact from GnRH agonist use." No reference is provided, which means it is not possible to verify the veracity of that claim.

Please could you supply details of the source(s) on which this claim is based.

MHRA Response

Following a search of our paper and electronic records, we have established that the information you requested is not held by this Agency.

On 20 August 2024, a targeted [consultation](#) was issued on proposals to make an indefinite statutory order to prevent new patients aged under 18 from being supplied with puberty blockers for the purposes of gender incongruence and/or gender dysphoria, under the care of private or non-UK prescribers.

On behalf of the Secretary of State for Health and Social Care and the Minister of Health for Northern Ireland, the Department of Health and Social Care (DHSC) consulted with representative groups likely to be affected by the proposed order, as well as the independent Commission on Human Medicines for their expert view, in line with legislative requirements.

The independent report by the CHM on the safety implications of a proposal to restrict the availability of puberty blockers for under 18s can be found here:

[CHM's report on proposed changes to the availability of puberty blockers - GOV.UK.](#)

A factsheet providing more information on the CHM's independent report on the safety implications of proposed puberty blocker legislation can also be found here: [CHM report into the safety implications of proposed puberty blockers legislation: factsheet - GOV.UK.](#)

In response to your request, although this is not directly referenced, the appropriate reference is within the same paragraph, as below:

Olson KR, Raber GF, Gallagher NM. Levels of Satisfaction and Regret With Gender-Affirming Medical Care in Adolescence. *JAMA Pediatrics* 2024

If there are information that is not publicly available via the above links, we suggest you contact the DHSC who led on this consultation, as any further information is not held by the MHRA.

If you have any queries about this letter, please contact us quoting the reference number above.

Yours sincerely,

MHRA Central Freedom of Information Team
Medicines & Healthcare products Regulatory Agency

Your right to complain under the Freedom of Information Act

If you are not happy with this response you may request an internal review by e-mailing foi.request@mhra.gov.uk or by writing to: MHRA Central Freedom of Information Team, 10 South, Colonnade, Canary Wharf, London, E14 4PU

Any request for an internal review must be received by us within 40 working days of the date of this letter. Please note we are not obliged to provide a review if it is requested after more than 40 working days.

If you are not content with the outcome of the internal review you may apply directly to the Information Commissioner's Office for a decision. Generally, the Commissioner cannot make a decision unless you have exhausted our own complaints procedure. The Information Commissioner can be contacted at: The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF.

Website: [ICO FOI and EIR complaints](#) or telephone 0303 123 1113.

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<https://www.nationalarchives.gov.uk/doc/open-government-licence/version/3/>