



Medicines & Healthcare products
Regulatory Agency

MHRA Central Freedom of
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[MHRA Website](https://www.mhra.gov.uk)

Our Ref: **FOI2025/00179**

28 February 2025

Dear [REDACTED],

Thank you for your Freedom of Information (Fol) request received on 25 February. You wrote:

I am writing to request information under the Freedom of Information Act regarding the regulation of dietary supplements sold online, including those on Amazon and other third-party websites. Specifically, I would like to know:

- What measures are in place to monitor the safety and efficacy of dietary supplements sold through online platforms?*
- How many investigations or actions have been taken against supplement manufacturers for misleading claims or ingredient discrepancies related to products sold on Amazon or similar sites?*
- Can you provide data on any recalls of dietary supplements in the last five years, particularly those linked to online sales?*
- Are you able to provide a breakdown of the most commonly reported dietary supplements that have raised safety concerns or complaints?*

Thank you for your attention to this matter, and I look forward to your response.

[REDACTED]

MHRA Response

We have established that the information you requested is not held by this Agency.

Most dietary supplements are not medicines and are therefore not regulated by the MHRA. The MHRA has produced a [guide to what is a medicinal product \(PDF, 161KB\)](#), which may be useful.

Most dietary supplements are regulated by the Food Standards Agency.

If you have any queries about this letter, please contact us quoting the reference number above.

Yours sincerely,

MHRA Central Freedom of Information Team
Medicines & Healthcare products Regulatory Agency

Your right to complain under the Freedom of Information Act

If you are not happy with this response you may request an internal review by e-mailing foi.request@mhra.gov.uk or by writing to: MHRA Central Freedom of Information Team, 10 South, Colonnade, Canary Wharf, London, E14 4PU

Any request for an internal review must be received by us within 40 working days of the date of this letter. Please note we are not obliged to provide a review if it is requested after more than 40 working days.

If you are not content with the outcome of the internal review you may apply directly to the Information Commissioner's Office for a decision. Generally, the Commissioner cannot make a decision unless you have exhausted our own complaints procedure. The Information Commissioner can be contacted at: The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF.

Website: [ICO FOI and EIR complaints](#) or telephone 0303 123 1113.

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<https://www.nationalarchives.gov.uk/doc/open-government-licence/version/3/>